



# EASY SWEET POTATO TOAST 3-WAYS



SERVES:

4

PREP TIME:

10M

COOK TIME:

25M

VEGETARIAN

## INGREDIENTS:

Crofter's Organic Premium Wild Blueberry Fruit Spread

Crofter's Organic Premium Mango Fruit Spread

Crofter's Organic Premium Four Fruit Fruit Spread

Organic Sweet Potatoes

Fresh Blueberries

Peanut Butter

Fresh Avocado

Fresh Raddish

Salt & Pepper

Low-Fat Cream Cheese

Chia Seeds

## DIRECTIONS:

1. Chop sweet potato in to 1/4" thick slices. Bake in the oven at 350F for 15-25 minvets on a wired baking sheet. Once cooked, let slices cool and then place them in the toaster. Toast until desired crispness add topping of choice and enjoy!
2. Topping Option 1: Spread peanut butter & Crofter's Organic Premium Wild Blueberry Fruit Spread on the sweet potato slices. Top with fresh organic blueberries.
3. Topping Option 2: Mash avocado, spread on sweet potato. Next, spread Crofter's Organic Premium Mango Fruit Spread of top for a bit of sweetness. Top with thinly sliced fresh Radish, Salt & Pepper.
4. Topping Option 3: Spread Low-Fat Cream Cheese and Crofter's Organic Premium Four Fruit Fruit Spread on the sweet potato slices. Top with a sprinkle of Chia Seeds.