



FOUR FRUIT BREAKFAST OAT PORRIDGE

SERVES: PREP TIME: COOK TIME:

2 | 5M | 10M

DAIRY FREE GLUTEN FREE VEGAN VEGETARIAN

INGREDIENTS:

1/3 Cup Crofter's Organic Premium Four Fruit Fruit Spread

1/3 Cup Pumpkin Puree

3 Tbsp Maple Syrup

1 Cup Gluten-Free Rolled Oats

2 Cups Almond Milk

1/2 Tsp Ground Cinnamon

1/2 Tsp Ground Nutmeg

1 Tsp Vanilla Extract

Pecans
(Optional Topping)

Blackberries
(Optional Topping)

Maple Syrup
(Optional Topping)

DIRECTIONS:

1. Let's begin by grabbing a medium sized mixing bowl and combine the Crofter's Organic Premium Four Fruit Fruit Spread, pumpkin puree, maple syrup, rolled oats, almond milk, cinnamon, nutmeg, and vanilla extract. Stir to combine using a whisk.
2. Transfer the oat mixture over to a sauce pot and bring to a boil over high heat for 2 minutes. Then reduce heat and let simmer over medium to low heat until the porridge thickens up. Stir frequently so that the bottom doesn't burn.
3. Once the porridge is at the desired consistency, remove from the heat and scoop into bowls. Top with pecans, fresh blackberries, and maple syrup. Enjoy!