



## PEACH BANANA OAT Breakfast squares

SERVES: PREP TIME: COOK TIME: 18 10M 20M GLUTEN EREE

## ING REDIENTS :

<sup>1</sup>/<sub>2</sub> Cup Crofter's Organic Premium Peach Fruit Spread

3/4 Cup Coconut Oil (Melted)

1 Cup Brown Sugar

1/2 Cup Coconut Sugar

1 Egg

1 Tsp Vanilla Extract

1 Cup Mashed Banana

1 ½ Cup Gluten-Free Flour

1 ½ Tsp Ground Cinnamon

1 Tsp Baking Soda

2 Tsp Corn Starch

3 Cups Gluten-Free Old Fashioned Oats 1. Preheat oven to 350°F and lightly grease two 9" X 9" baking pans with cooking spray. Set aside.

DIRECTIONS:

- 2. In a medium sized bowl, combine the Crofter's Organic Premium Peach Fruit Spread, melted coconut oil, brown sugar, coconut sugar, egg, vanilla extract, and banana with a whisk. Continue to mix until mixture is smooth.
- 3. Next, add in the gluten-free flour, cinnamon, baking soda and corn starch. Mix with a wooden spoon until evenly mixed. Add in the gluten-free oats. Mix until evenly combined.
- 4. Evenly transfer the peach banana oat mixture into the prepared baking pans and level them out with a spatula. Top with a sprinkle of coconut sugar and then place in the oven to bake for 20 minutes (until the edges turn golden brown).
- 5. Once done, remove from the oven and let cool for 5-10 minutes. Once cooled, cut into squares. Serve and enjoy!