



PEACH PB&J ENERGY BITES



SERVES: 12-16 | PREP TIME: 10M | COOK TIME: 0M

DAIRY FREE GLUTEN FREE VEGAN VEGETARIAN

INGREDIENTS:

1/3 Cup Crofter's Organic Premium Peach Fruit Spread

2 Cups Gluten-Free Rolled Oats

1/3 Cup Smooth or Chunky Nut Butter

2 Tbsp Chia Seeds

DIRECTIONS:

1. In a large mixing bowl, combine Crofter's Organic Premium Peach Fruit Spread, the rolled oats, nut butter and chia seeds. Mix together with a wooden spoon or spatula.
2. Once evenly mixed, scoop out 1 Tbsp of the peach oat mixture and roll in your hands to form bite-sized balls. If you find the ingredients are sticking to your hands and it is difficult to roll, lightly coat your hands in olive oil or coconut oil and it will help the mixture not stick.
3. Continue to roll bite-sized balls until all of the peach oat mixture is used. Store in an air tight container until ready to eat. Enjoy!