



RASPBERRY PB&J VEGAN SMOOTHIE BOWL

SERVES: PREP TIME: COOK TIME:

1 5M 0M

DAIRY FREE VEGAN VEGETARIAN

INGREDIENTS:

1-2 Tbsp Crofter's Organic Just Fruit Raspberry Fruit Spread

2 Cups Oat Yogurt

1-2 Tbsp Rolled Oats

1-2 Tbsp Chopped Peanuts

1-2 Tbsp Nut Butter

DIRECTIONS:

- 1. Add the oat yogurt to a bowl and top with rolled oats, chopped peanuts, nut butter, and Crofter's Organic Just Fruit Raspberry Fruit Spread.
- 2. Stir the yogurt together until all of the ingredients have been mixed together. Serve right away. Enjoy!