



STRAWBERRY APPLE STEEL CUT OATS



SERVES: 2 | PREP TIME: 5M | COOK TIME: 20M

DAIRY FREE PALEO VEGAN VEGETARIAN

INGREDIENTS:

For the Toppings:

2 Tbsp Crofter's Organic Just Fruit Strawberry Fruit Spread

1 Large Granny Smith Apple (Chopped)

½ Cup Banana (Sliced)

For the Oats:

2 Cups Almond Milk

1 Cup Water

1 Cup Steel Cut Oats

1 Large Granny Smith Apple (Chopped)

1-2 Tbsp Cinnamon

¼ Tsp Kosher Salt

DIRECTIONS:

1. In a medium sauce pot, bring the almond milk and water to a boil. Once boiling, remove from heat and add in the steel cut oats. Stir to mix. Place back on medium/low heat and simmer for 5-10 minutes.
2. Next, chop both Granny Smith Apples into small cubes. Add 1 chopped apple into the steel cut oats. Save the second chopped apple to use as a topping.
3. Simmer for another 5-10 minutes or until the oats are at your preferred consistency. Remove from the heat. Sprinkle in the cinnamon and kosher salt. Give the oats one final mix.
4. Place oats in a bowl. Top with 2 Tbsp Crofter's Organic Just Fruit Strawberry Fruit Spread, fresh sliced banana, and the remaining Granny Smith Apple cubes. Sprinkle with cinnamon and enjoy!