



STRAWBERRY WATERMELON CUCUMBER MINT SALAD

SERVES: PREP TIME: COOK TIME:

4 | 10M | 0M

DAIRY FREE GLUTEN FREE VEGAN VEGETARIAN

INGREDIENTS:

2 Tbsp Crofter's Organic Premium Strawberry Fruit Spread

2 Cups Strawberries (Sliced)

2 Cups Watermelon (Cubed)

2 Cups Cucumber (Sliced)

½ Cup Fresh Mint (Minced) + Sprigs for Garnish

1 Tbsp Lime Juice

Pinch of Salt

1 Tbsp Chia Seeds (Garnish)

DIRECTIONS:

- In a large bowl, combine the prepared strawberries, watermelon, cucumber and fresh mint.
- 2. Whisk the Crofter's Organic Premium Strawberry Fruit Spread, lime juice and salt together. Pour over the salad. Gently mix the salad to coat with dressing, careful to not break the fruit pieces.
- **3.** Garnish with a sprinkle of chia seeds and sprigs of fresh mint. Serve and enjoy!