



WILD BLUEBERRY VINAIGRETTE SPINACH SALAD

SERVES :		PREP TIME:		COOK TIME:
4		5M	I	OM
DAIRY F	REE	GLUTEN FREE	PALEO	VEGETARIAN

INGREDIENTS :

For the Vinaigrette:

1/2 Cup Crofter's Organic Just Fruit Wild Blueberry Fruit Spread

1/2 Cup Fresh Blueberries

1/4 Cup Balsamic Vinegar

2 Tbsp Raw Honey

1 Tbsp Lemon Juice

1/2 Cup Olive Oil

Pinch of Salt & Pepper

For the Salad:

Fresh Baby Spinach

Feta Cheese

Chopped Walnuts

Fresh Blueberries

DIRECTIONS:

- 1. In a blender, combine the fresh blueberries, Crofter's Organic Just Fruit Wild Blueberry Fruit Spread, vinegar, honey, lemon juice, salt and pepper. Blend on low to mix the ingredients thoroughly.
- 2. With the blender running, carefully pour in the olive oil and continue to blend until completely emulsified and creamy (about 20-30 seconds).
- 3. On a bed of fresh baby spinach sprinkle chopped walnuts, crumbled feta cheese and fresh blueberries then drizzle the homemade Wild Blueberry vinaigrette on top. Enjoy!